

# 5/30 KERALA BATTALION NCC UNIT

## GOVT ARTS & SCIENCE COLLEGE, CALICUT

*'We fight to win and win with a knockout because there are no runners-up in war.'*

*General JJ Singh*





# UNITY & DISCIPLINE

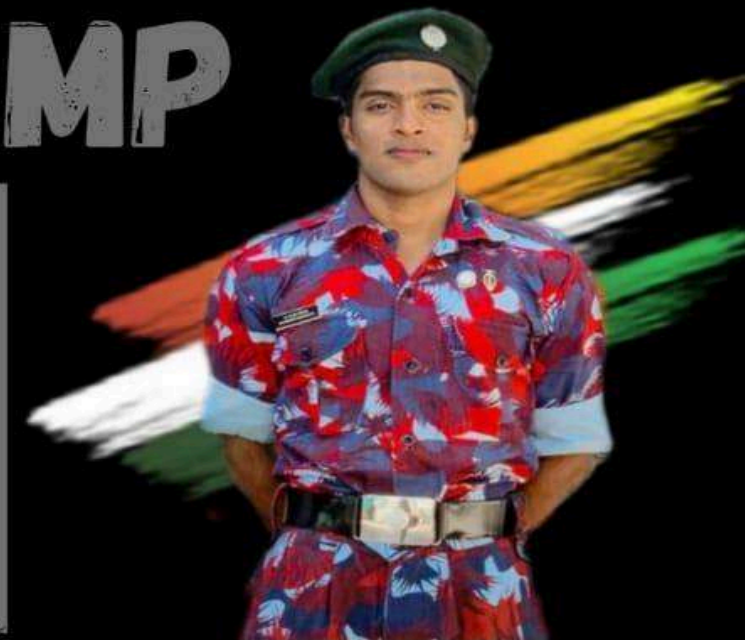
The National Cadet Corps (NCC) is the youth wing of the Indian Armed Forces with its headquarters in New Delhi, India. It is open to school and college students on voluntary basis as a Tri-Services Organisation, comprising the Army, the Navy and the Air Force. Cadets are given basic military training in small arms and drill. Officers and cadets have no liability for active military service once they complete their course.

# BASE MOUNTAINEERING CAMP

The aim of mountaineering expeditions in NCC is to strengthen the character and instil qualities of courage, comradeship, discipline and leadership in the cadets.

Ncc has been conducting two mountaineering expeditions every year, one each for the girl and boy cadets.

Since 1970, the NCC has conducted 75 mountaineering expeditions, of which 40 were for boys and 35 for girls. It's a collection of a number of activities, be it physical, mental, social or even adventurous. This article would be centred around one such adventurous activity, mountaineering/Trecking expedition.



**CPL MOHAMMED ASHIQUE PK**

**secured best rope  
award**





# ARMY ATTACHMENT CAMP



These camps are conducted by the NCC in collaboration with Indian Army, as the cadets are attached to the specific regiments. In this camp, the cadets are trained in the military tactics including day/night warfare and also get familiar with the weaponry. Cadets derive immense value through attachment with the Armed Forces units where they experience the functioning and life in military units.





**UO ADITHYAN R SURESH**

ARMY ATTACHMENTCAMP  
23 MARATHA LIGHT INFANTRY  
TRIVANDRUM



**UO ARDRA N**

ARMY ATTACHMENTCAMP  
2 MADRAS  
TRIVANDRUM



**CQMS VINAY M N**

ARMY ATTACHMENTCAMP  
23 MARATHA LIGHT INFANTRY  
TRIVANDRUM



**CDT ABHINAV**

ARMY ATTACHMENTCAMP  
RAJ RIFLES, BANGLORE



**CDT SREERAG**

ARMY ATTACHMENTCAMP  
RAJ RIFLES BANGLORE



# EK BHARATH

# SHRESHTHA BHARATH



**SGT ANANTH NATH PM**  
**GUJARAT**



**CDT ABHINAV V**  
**KOTTAYAM**

EBSB or 'Ek Bharat Shrestha Bharat' of NCC is an annual camp for national integration conducted between paired states. The aim of the camp is to foster a sense of unity and nationalism amongst the participating NCC cadets and paired states. The camp aims to enhance interaction and promote mutual understanding between people of different States and union territories through the concept of State and UT pairing. In the EBSB Camp, besides Military Training, cadets are made to know and understand the culture and traditions of other regions and States. It is done through inter-personnel interaction and power-point presentation.

# TREKKING CAMPS



**SGT SARANG K**

*All India trekking expedition  
Belagavi, Karnataka*

**CPL BHAVITH K**

*All India trekking expedition  
Kerala Trek-1, JNV kulamavu*





# **INTER - GROUP COMPETITION**



**SGT THEERTHA P**  
**TSC - MAP READING**



**CDT OMARUL MUKTHAR MP**  
**RDC - CULTURAL**



**CDT DIYA LAKSHMI D**  
**RDC - CULTURAL**



# ENVIRONMENT DAY CELEBRATION

World Environment Day is observed annually on June 05 to raise awareness about environmental protection and sustainability. The United Nations Environment Programme (UNEP) proposed special day for the environment in 1972, which was designated by the UN General Assembly. This year, the theme of World Environment Day 2023 is “Beat Plastic Pollution,” highlighting people’s actions toward plastic pollution reduction. The NCC Unit of Govt.Arts and science College Meenchanda celebrated Environment Day on 5th June 2023. A Total of 20 cadets attended the programme . The programme started at 11’O clock. The programme started by cleaning the NCC block and its premises. Every plastic wastes and weeds were removed from the NCC garden and premises . Every NCC cadet had brought plants from their homes and planted it in the garden . Every cadets became well aware of the importance of environment day through the programme .





Kozhikode, Kerala, India  
23/456, Government Arts College, Meenchanda, Kozhikode, Kerala  
673018, India  
Lat 11.214546°  
Long 75.798496°



Kozhikode, Kerala, India  
23/456, Government Arts College, Meenchanda, Kozhikode, Kerala  
673018, India  
Lat 11.214546°  
Long 75.798496°

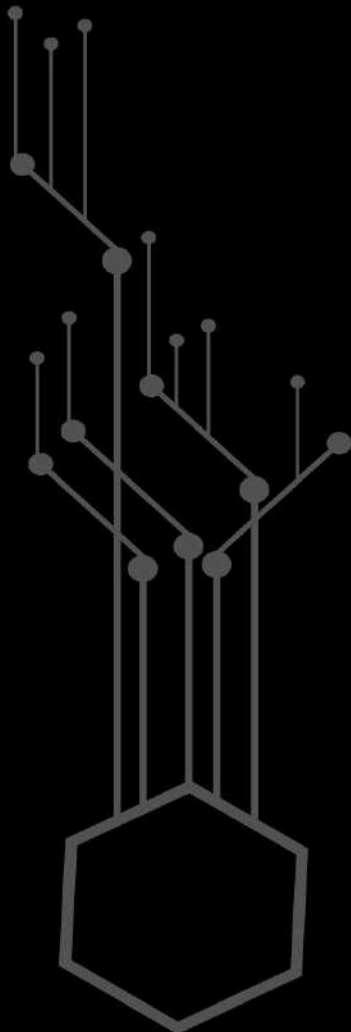
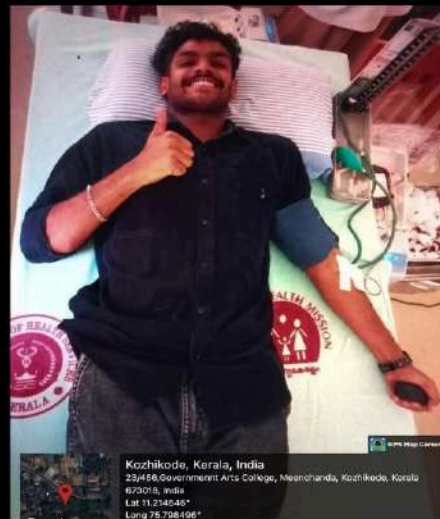


Kozhikode, Kerala, India  
23/456, Government Arts College, Meenchanda, Kozhikode, Kerala  
673018, India  
Lat 11.214546°  
Long 75.798496°



# BLOOD DONOR DAY

On Blood donor day, 14th June 2023, cadets of GASC Calicut took part in the blood donation camp held.





# AWARENESS CLASSES

## Fire & Rescue

The 5/30(k) NCC UNIT of GASC Calicut conducted a class which brought awareness about emergency situation. In this class they included some sessions explaining CPR, different types of fire extinguishing first aids etc. For simple understanding they brought fire extinguisher and gave a live demo of how it was operated. They also detailed about the importance of CPR in critical situations and the protocols to be followed during conduct of CPR. They also demonstrated the method of putting out fire and taking out accident victims using hydraulic cutter.



## Orientation class



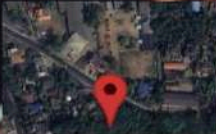
ANO of GASC Calicut conducted an orientation session on the importance of life insurance.



# INTERACTIVE SESSION WITH COL BIJU WARRIOR



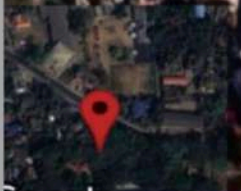
GPS Map Camera



Kozhikode, Kerala, India  
23/456, Government Arts College, Meenchanda, Kozhikode, Kerala  
673018, India  
Lat 11.214546°



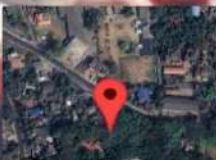
GPS Ma



Kozhikode, Kerala, India  
23/456, Government Arts College, Meenchanda, Kozhikode, Kerala  
673018, India  
Lat 11.214546°  
Long 75.798496°



GPS Map Camera



Kozhikode, Kerala, India  
23/456, Government Arts College, Meenchanda, Kozhikode, Kerala  
673018, India  
Lat 11.214546°  
Long 75.798496°





# YOGA DAY CELEBRATION



Yoga is a light once it will never dim. The International Day of Yoga has been celebrated across the world annually on June 21 since 2015. As a part of this the NCC unit of Govt Arts and Science College, Meenchanda conducted a yoga session on 21st June 2023 (Wednesday)

The session was initiated by ANO of our NCC unit,

Lt. Dr. Sujin K N Sir and Principal incharge, Dr. Binoy sir (physical education department).

The chief guest of the programme was Roshna Pradeep ma'am, (level-1 yoga instructor). Ma'am herself handled the next yoga sessions too



# IIM VISIT

5/30 Kerala NCC UNIT of government arts and science college, Calicut visited IIM Calicut on 19th of January 2024. At first the cadets visited the museum. The first section started at 11 am. After that the inauguration programme began.

The lunch was an interactive session with entrepreneurs, that started at 2pm. The programme concluded at 4 pm. The cadets finally left after taking a group photo.





